



# Total Boox for Libraries

## iPad Application User Guide

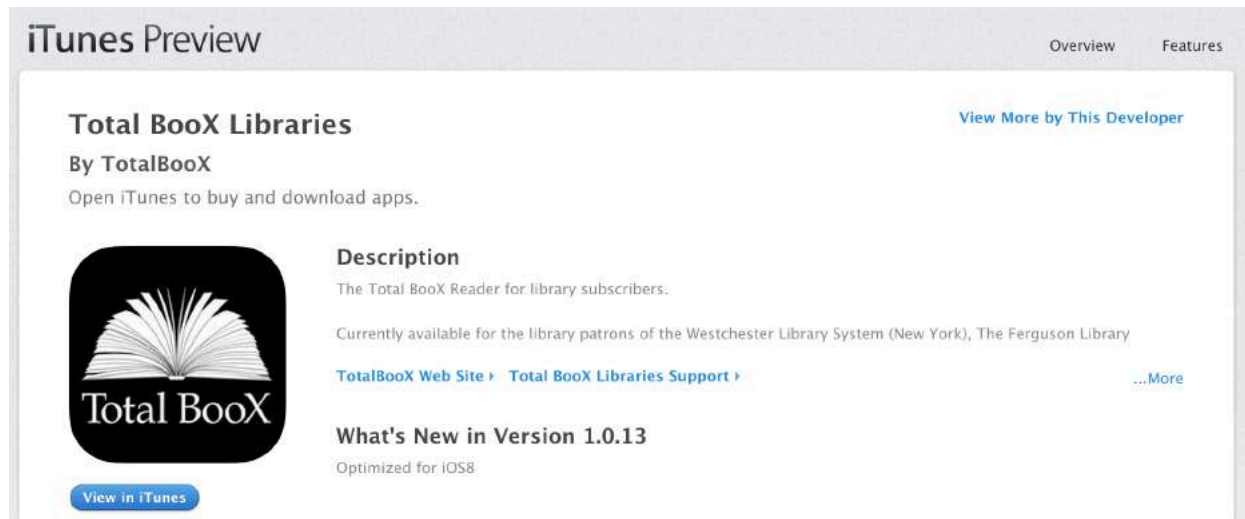
Provided by [support@totalboox.com](mailto:support@totalboox.com)

# Download the app from the App store

Follow the link [bit.ly/TBX-AppleAppstore](http://bit.ly/TBX-AppleAppstore)

or search in the App store for the exact phrase

“Total Boox Libraries”



The screenshot shows the iTunes Preview page for the app "Total BooX Libraries". At the top, it says "iTunes Preview" and has tabs for "Overview" and "Features". The app title "Total BooX Libraries" is displayed in bold, with a "View More by This Developer" link to the right. Below the title, it says "By TotalBooX" and "Open iTunes to buy and download apps." To the left is the app icon, which is a black square with a white open book and the text "Total BooX" below it. A "View in iTunes" button is at the bottom left of the icon. To the right of the icon is the "Description" section, which states: "The Total BooX Reader for library subscribers. Currently available for the library patrons of the Westchester Library System (New York), The Ferguson Library". Below the description are links for "TotalBooX Web Site" and "Total BooX Libraries Support", followed by a "...More" link. At the bottom, the "What's New in Version 1.0.13" section is visible, stating "Optimized for iOS8".

# Launch the app

Choose your library and log in.

The app will automatically download your books.

You only need to log in once.

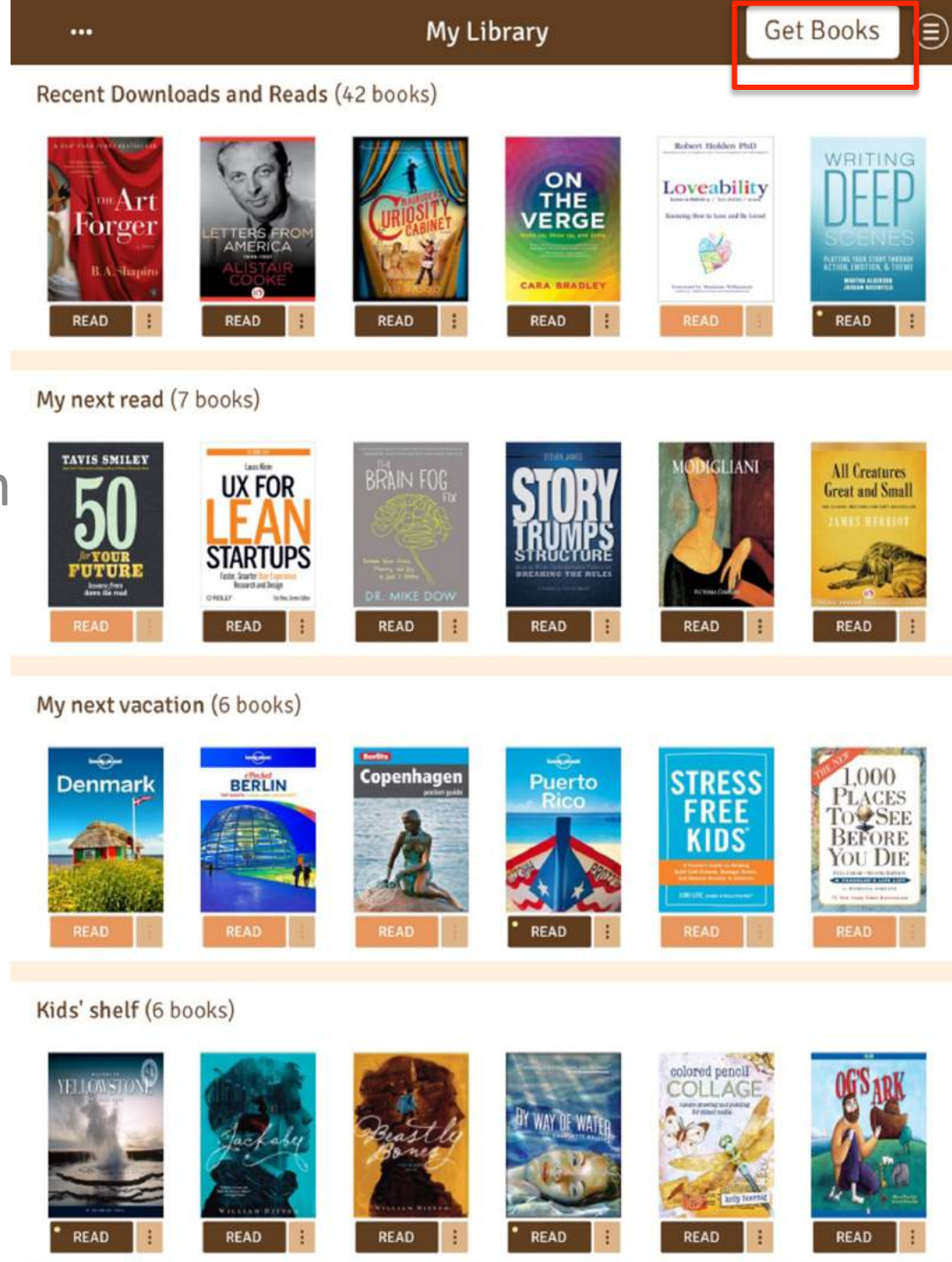
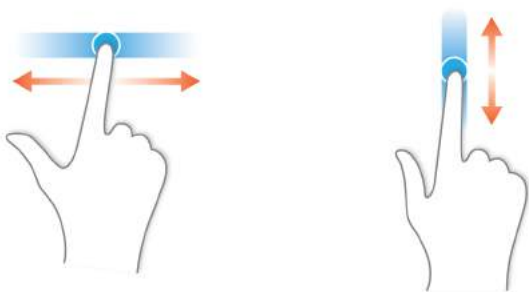


# Your library

Swipe up and down to discover shelves, swipe sideways to scroll through the books.

Tap 3 dots to share or remove a book.

Tap **Get Books** to open the catalog.



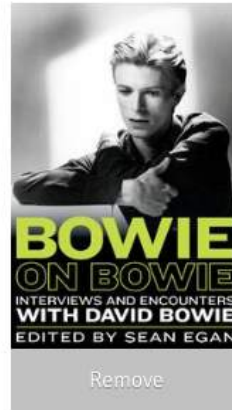


# Get Books

Browse our online catalog to download books to your collection.

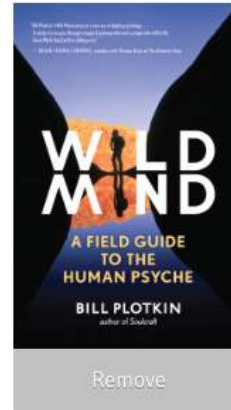
Tap **Back** to your library.

## Editors' Picks



Remove

Bowie on Bowie



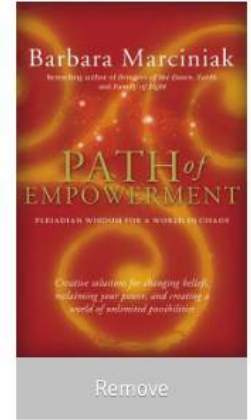
Remove

Wild Mind  
by Bill Plotkin



Remove

Lonely Planet Venice & the Veneto  
by Lonely Planet; Cristian Bonetto; Paula Hardy

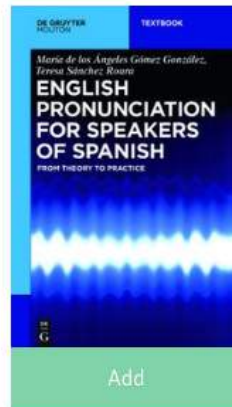


Remove

Path of Empowerment  
by Barbara Marciniak

## Just Arrived

[see all](#)



Add

English Pronunciation for Speakers of Spanish  
by María de los Angeles



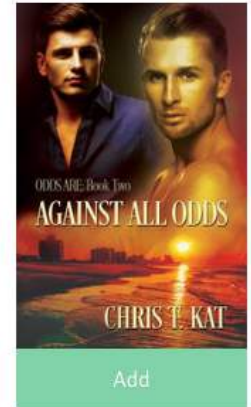
Remove

Love Under the Sun  
by Heather Rodney-Diaz; Peggy Gaddis; Caroline



Add

L'amour à portée de main  
by Susan Laine



Add

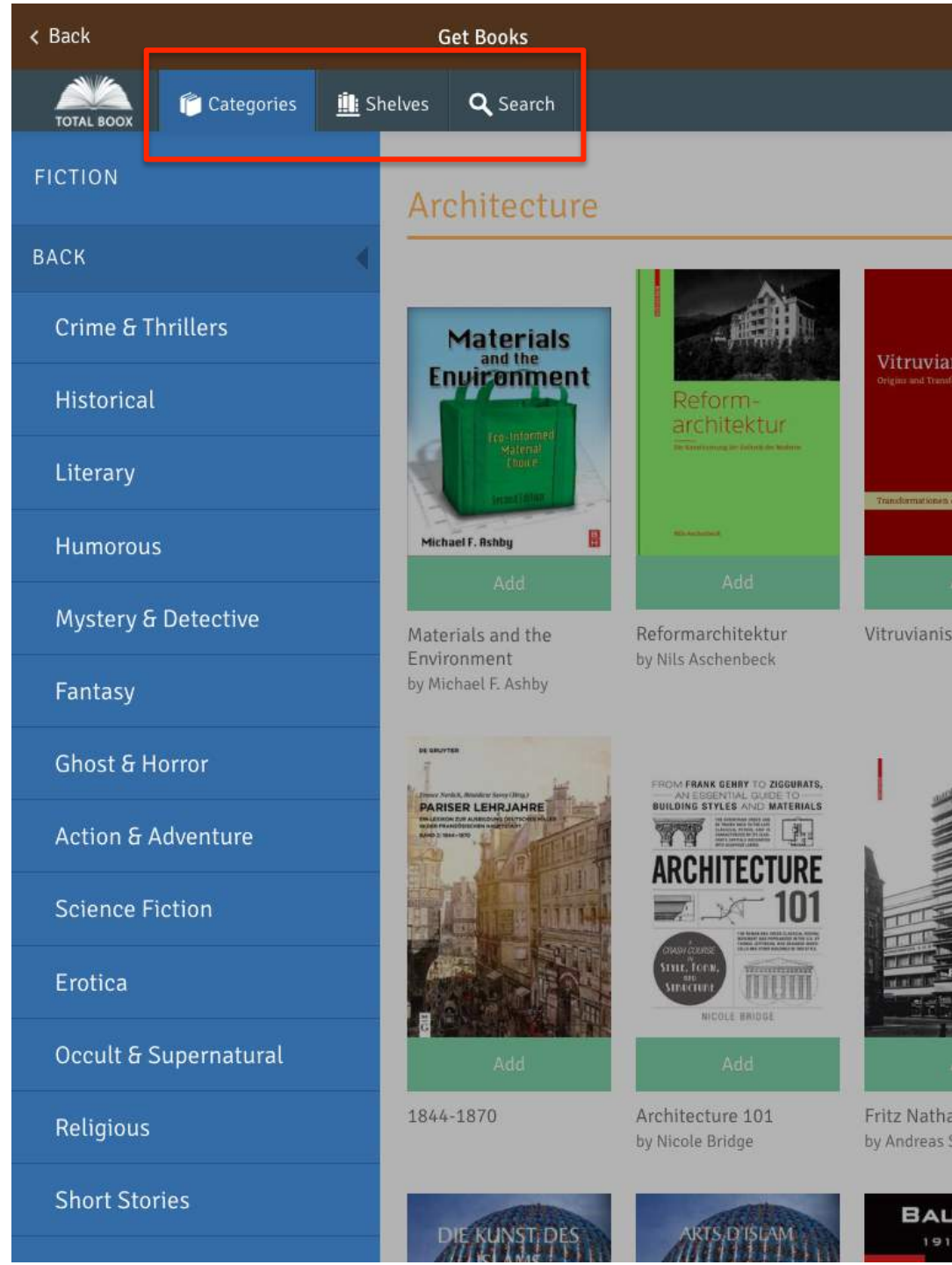
Against All Odds  
by Chris T. Kat

# Categories

Tap **Categories** to explore our catalog via subjects.

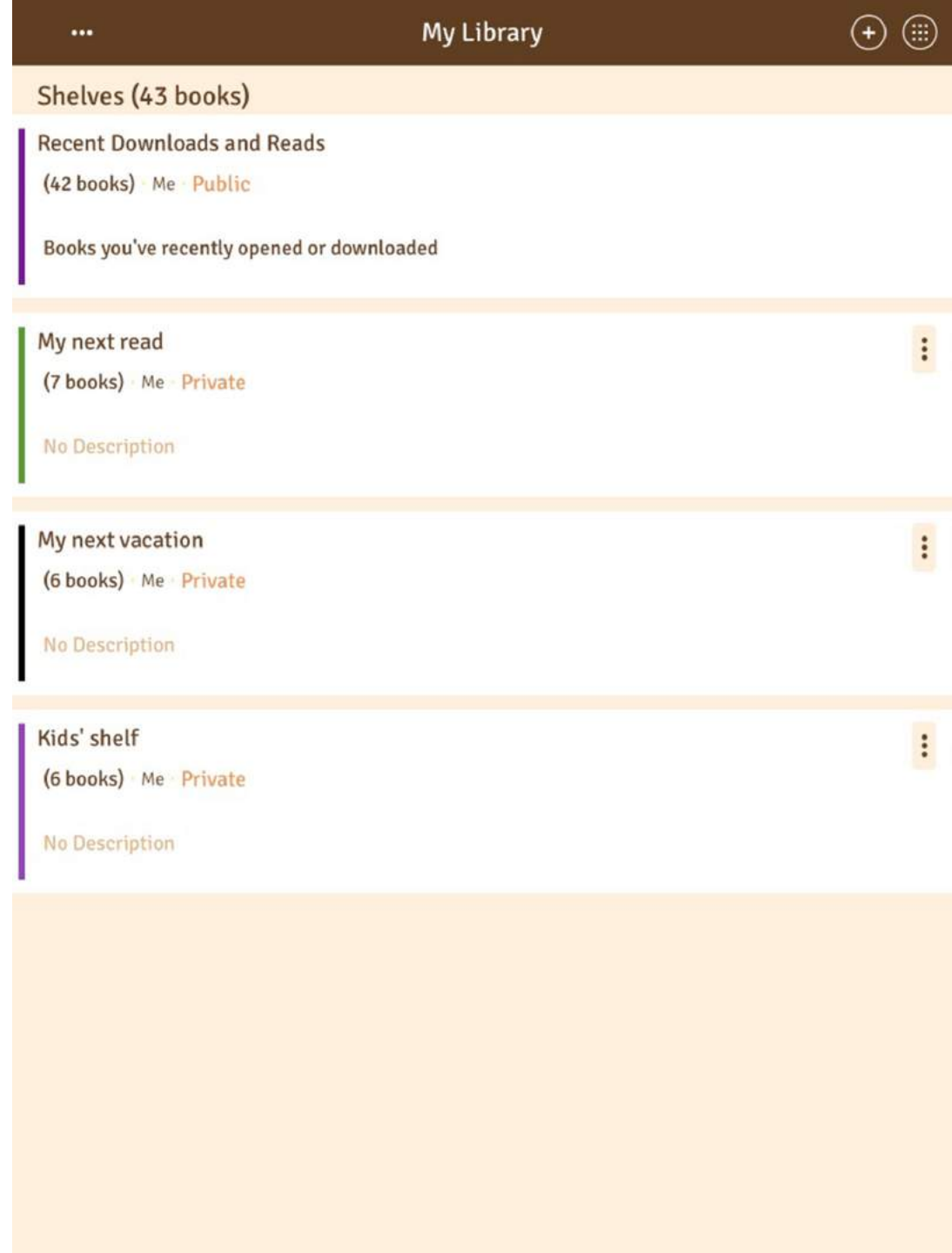
Tap **Shelves** to download shelves.

Tap **Search** to search a specific title.



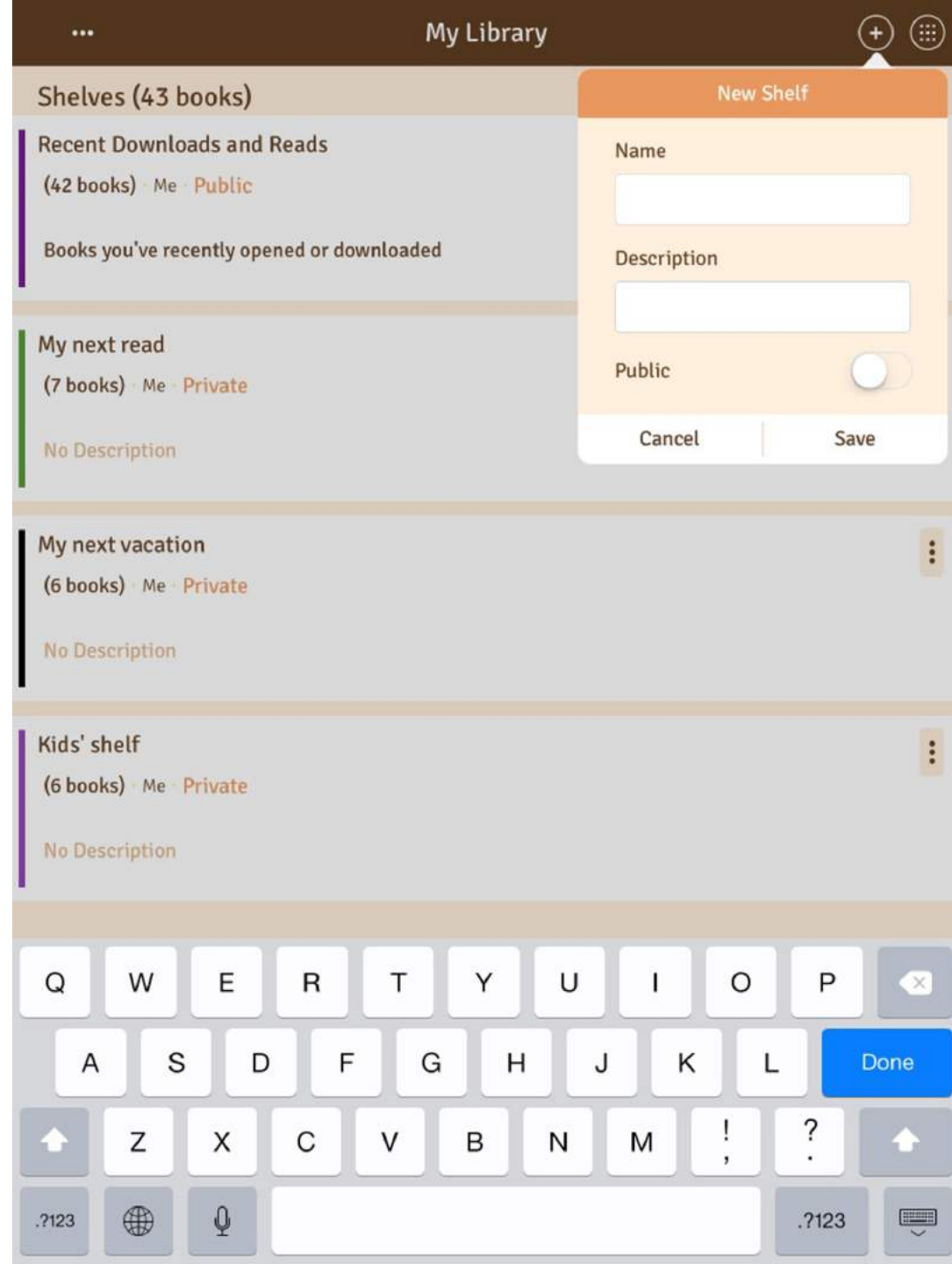
# List view – edit shelves

Tap the **list** icon to switch to list view, and tap the 3 dots next to each shelf to share, publish, edit or remove. Drag and drop the shelf to change the order of shelves.



# Add new shelves

Tap the **plus** icon to create a new shelf.  
Switch to “Public” if you wish to make it available for other users to download.







simple yet empowering. This book is a must read for anyone wanting freedom from 'bad brain' plus an escape from the

Content	Highlights	Bookmarks
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<b>PART II: MOOD AND FOOD</b>		
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Chapter 4: Dietary Fats: The Good, the Bad, and the Ugly		
Chapter 5: Proteins: The Building Blocks of the Body and Brain		
Chapter 6: A Modified Mediterranean Diet		
<b>PART III: THE GUNK THAT CLOGS UP YOUR BRAIN</b>		
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Chapter 8: Taking On Toxins		
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You can browse the table of content, your highlights and bookmarks.

The Brain



Download



Marin was a 35-year-old patient who had recently been diagnosed with early-onset Alzheimer's. In the tumultuous months that followed, Marin had been facing all the challenges of getting her beloved mother's affairs in order while struggling with the anguish of watching her drift deeper and deeper into dementia.

Marin thought that she was handling her situation as well as possible, but she also felt that she was "in a slump."

"I wake up exhausted every morning," she told me, "yet I can't sleep at night. Most of the time, I'm just dragging myself through the day."

When I asked Marin what in her life gave her pleasure, she just shrugged.

"I used to enjoy my job," she said, "but now I'm just going through the motions. I had a boyfriend, but after all this stuff started with my mother, I got depressed and we broke up. I don't blame Tony," she told me, shrugging again. "I wouldn't have wanted to go out with me, either."

When I asked Marin how she spent her time away from work, she had to think for a moment. "It feels like I'm always at work," she finally told me. "Especially now that Tony's out of the picture, there's just not the same incentive to get out of the office at a reasonable hour. I don't know . . . I guess when I get home I go on Facebook. Or watch a little TV. Twitter, of course, and Instagram. And I thought maybe if I went on Tinder, I'd find a new guy, but I haven't really liked anyone. So probably mainly Facebook. It's a great way to keep up with people, isn't it? But it does take up a lot of time."

As we continued to talk, Marin seemed to become more and more tired. "It's always like this," she said bleakly. "I just don't have any energy unless there's a crisis. When I get a call about Mom, somehow I find a way to muscle through the problem. But for anything else . . . I don't know. I just feel like I'm in a permanent fog."



Karen was a retired teacher in her late 50s who had been divorced for three years. She came to see



# Choose your preferences, Change font size, screen color or light.

THANK YOU



... and enjoy reading!

For further assistance, please contact [support@totalboox.com](mailto:support@totalboox.com)